

Garrett Lowry

Giving to Others

Garrett Lowry has always enjoyed helping others. When he was just seven years old, he donated all his birthday toys to a local **charity**. He wanted to give toys to kids who had none.

At the age of ten, he participated in a giving project at school. All of the kids had to do something to help others. Garrett's grandmother had taught him to knit when he was young. It helped him keep calm and learn to focus. Garrett decided to knit hats for kids who have cancer. They get **chemotherapy** to make them better. Many people who get chemotherapy lose their hair. The knit hats keep them warm and cozy.

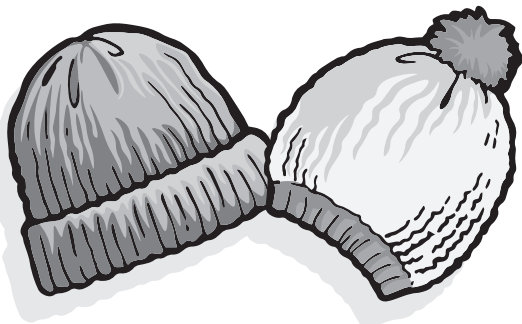


Garrett's goal was to knit and donate ten hats. With help from his mother and grandmother, he kept going. He knitted 50 hats! He donated them to a local children's hospital. But he didn't stop there. Garrett kept on **knitting**. He has now donated over 100 hats to cancer patients.

Personal Experience

Why does Garrett want to help cancer patients? It is because of his personal experiences.

- ⌘ His grandfather died from cancer.
- ⌘ His cat died from cancer.
- ⌘ He has a younger friend who is fighting cancer. Garrett says she is a hero for fighting through pain and fear.
- ⌘ He hopes that his **donations** will help cancer patients feel just a little bit better. He wants them to know that someone cares about them.



"Going through that kind of thing might scare people, and I just want to make something that can make them more comfortable while they are in the hospital."

Garrett Lowry (cont.)

What Will They Think?

Garrett loves sports. He runs track and plays basketball, football, and baseball. His baseball team calls him “Bam Bam” because he is such a powerful hitter. He worried what his teammates would think when they found out he also liked to knit.

But Garrett thinks it is important to help others. He spread his message of kindness to his baseball team. He helped them donate gifts to families in need.

Garrett continues to give to others. He plans to **volunteer** at the children’s hospital when he is old enough.

Men Who Knit

What do you think of when you hear the word *knitting*? Many people think of their grandmother making scarves and sweaters. But knitting is not just for women!

Gender bias is when people think boys or girls have to be a certain way. But boys can enjoy knitting just as much as girls like playing baseball. Men enjoy knitting for many different reasons. It is an activity that helps people feel calm. It allows them to be creative. And they enjoy making gifts for others.

➡ **volunteer**—a helper who does not get paid



Unit 3

Name: _____

Date: _____

Key Ideas and Details

Directions: Answer the questions below about Garrett Lowry. Use complete sentences.

1. What is this text about?

2. How did Garrett learn to knit?

3. Why did Garrett want to knit hats?

4. What is one piece of text evidence that tells you about how Garrett feels?



Name: _____

Date: _____

Craft and Structure

Directions: Answer the questions below. Use complete sentences.

1. What does the word *charity* mean?

2. Why does the author use a bulleted list in the "Personal Experiences" section?

3. Why do you think the author included the "Men Who Knit" sidebar?

4. What does the quote from Garrett tell you about him?

Unit 3

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Integration of Knowledge & Meaning

Directions: Answer the questions below. Use complete sentences.

1. How do the illustrations help you understand the text?

2. Why do you think Garrett was worried about what his baseball teammates might think about his knitting?

3. Why do you think Garrett enjoys giving to others?



Name: _____

Date: _____

Group Discussion



Brainstorming: Garrett knits hats to help cancer patients feel a bit better.

⌘ Who else might need support and cheering up?

⌘ What could you do for them?

Taking Action

Garrett didn't let *gender bias* stop him from doing something he enjoyed.

Directions: What is something you like to do that people might not expect? How could you use that skill or activity to help others? Make a plan.

My skill or activity:

Two ways I can use it to help others:
